

## Overnight Backpacking Checklist

Choose items that match your trip plans and the expected weather conditions

<b>The 10+ Essentials</b>			
<input type="checkbox"/>	Extra clothing layer(s)	<input type="checkbox"/>	Map of area (in waterproof case)
<input type="checkbox"/>	Drinking water	<input type="checkbox"/>	Compass
<input type="checkbox"/>	Food	<input type="checkbox"/>	Headlamp or flashlight (with extra batteries/ bulbs)
<input type="checkbox"/>	First-aid kit	<input type="checkbox"/>	Sunglasses (with retaining strap)
<input type="checkbox"/>	Pocket knife	<input type="checkbox"/>	Sunscreen
<input type="checkbox"/>	Matches (in waterproof container) and fire starter		
<b>Camping Gear</b>			
<input type="checkbox"/>	Backpack	<input type="checkbox"/>	Funnel
<input type="checkbox"/>	Day/summit pack	<input type="checkbox"/>	Matches/lighter
<input type="checkbox"/>	Pack cover	<input type="checkbox"/>	Cook set, dishes
<input type="checkbox"/>	Tent, tarp, or bivy sack	<input type="checkbox"/>	Cooking/eating utensils
<input type="checkbox"/>	Rainfly	<input type="checkbox"/>	Drinking cup
<input type="checkbox"/>	Tent stakes	<input type="checkbox"/>	Pot grabber
<input type="checkbox"/>	Footprints	<input type="checkbox"/>	Biodegradable soap
<input type="checkbox"/>	Tent broom	<input type="checkbox"/>	Pot scrubber/dish towel
<input type="checkbox"/>	Sleeping bag (in waterproof stuff sack)	<input type="checkbox"/>	Plastic garbage bags
<input type="checkbox"/>	Compression sack	<input type="checkbox"/>	Resealable plastic bags
<input type="checkbox"/>	Sleeping pad	<input type="checkbox"/>	Water filter/purifier
<input type="checkbox"/>	Sit pad or sleeping pad chair kit	<input type="checkbox"/>	Water-purification tablets
<input type="checkbox"/>	Extra nylon stuff sacks	<input type="checkbox"/>	Water bottle(s)
<input type="checkbox"/>	Food (adequate supply for your trip)	<input type="checkbox"/>	Collapsible water container
<input type="checkbox"/>	Stove and fuel	<input type="checkbox"/>	Lantern
<b>Hiking Clothing</b>			
<input type="checkbox"/>	Quick-drying pants/shorts	<input type="checkbox"/>	Fleece jacket or wool sweater
<input type="checkbox"/>	Short-sleeved shirts	<input type="checkbox"/>	Wicking long underwear (top/bottoms)
<input type="checkbox"/>	Long-sleeved shirts	<input type="checkbox"/>	Regular underwear
<input type="checkbox"/>	Warm pants (fleece or wool)	<input type="checkbox"/>	Quick-drying swimsuit
<input type="checkbox"/>	Fleece or wool vest		

<b>Outerwear</b>			
<input type="checkbox"/>	Rainwear (top/bottoms)	<input type="checkbox"/>	Fleece or wool gloves/mittens
<input type="checkbox"/>	Wide-brimmed rain/sun hat	<input type="checkbox"/>	Waterproof gloves/overmitts
<input type="checkbox"/>	Warm hat (fleece or wool)	<input type="checkbox"/>	Bandanna
<b>Footwear</b>			
<input type="checkbox"/>	Hiking socks	<input type="checkbox"/>	Extra laces
<input type="checkbox"/>	Wicking liner socks	<input type="checkbox"/>	Gaiters
<input type="checkbox"/>	Hiking boots/shoes that match the terrain	<input type="checkbox"/>	
<b>Personal Items</b>			
<input type="checkbox"/>	Toilet paper	<input type="checkbox"/>	Lip balm (with sun protection)
<input type="checkbox"/>	Toothbrush and toothpaste	<input type="checkbox"/>	Insect repellent
<input type="checkbox"/>	Small bath towel	<input type="checkbox"/>	Head net
<input type="checkbox"/>	Brush/comb	<input type="checkbox"/>	Trowel
<input type="checkbox"/>	Other personal toiletry items	<input type="checkbox"/>	
<b>Other/Extras</b>			
<input type="checkbox"/>	Altimeter	<input type="checkbox"/>	Repair/sewing kit
<input type="checkbox"/>	Binoculars	<input type="checkbox"/>	100-foot accessory cord
<input type="checkbox"/>	Field guides	<input type="checkbox"/>	Axe/saw
<input type="checkbox"/>	Camera and film	<input type="checkbox"/>	Money
<input type="checkbox"/>	Notebook and pencil	<input type="checkbox"/>	Photo ID
<input type="checkbox"/>	Travel games	<input type="checkbox"/>	Camping/fire permits, if needed
<input type="checkbox"/>	Watch/alarm clock	<input type="checkbox"/>	Fishing license
<input type="checkbox"/>	Weather radio	<input type="checkbox"/>	Trip Plan (left with a responsible friend)
<input type="checkbox"/>	Hiking poles	<input type="checkbox"/>	